

ROLLATOR BUYING GUIDE



Basic – This is a great choice for those who need assistance getting around the house, ventures out into the yard, or walks around the neighborhood.

- Made of aluminum or steel
- 6-inch wheels
- Not suitable for rough terrain

Better –Suitable for all places a basic model can go and allows for use on more difficult terrain.

- Made of lightweight aluminum
- Some have lock to assist with loading to/from vehicle
- Upgraded wheels and braking system
- Some models are more adjustable for better fit
- 8-inch wheels





Best – The larger wheels provide the smoothest roll of all rollator styles. The standard style looks like the better model, but the euro style has a distinctive look and is the most lightweight.

- Standard has 8-inch wheels with upgraded parts
- Euro has 10-inch front wheels and 8-inch rear wheels
- Euro has more wheel options allowing this to go over almost any terrain and they fold flatter than the standard.

ROLLATOR SAFETY TIPS

- Be sure that your rollator has been adjusted to fit your size. The handle height should be at about the same level of your wrist when standing next to the walker with your arms down by your side. You can adjust an inch up or down to get to the desired elbow bend of 20-30 degrees.
- Even though the rollator has a seat, it is not designed to be used as a wheelchair. The seat is designed to accommodate short breaks and it is dangerous to use in a manner different than for what it is intended.
- Make sure your rollator is in good working order. The brakes should move to the locked position with firm but comfortable pressure for sitting, and the wheels should roll smoothly. Watch for kinks or bends in the brake cables because that can affect how they function.
- Always lock your brakes before sitting down on the seat. Leave them locked until you are safely standing and ready to start walking again.



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